

# YAHWEH RAPHA

JANUARY 17, 2021

## WORSHIP

Your Love Awakens,  
Healing is in  
Your hands,  
Resurrecting

## WELCOME

Briefly share your  
most unforgettable  
healing experience  
or that of someone  
you know.

## WORD

### READ IT!

#### EXODUS 15:22-27

<sup>22</sup> Then Moses led Israel from the Red Sea, and they went out into the wilderness of Shur; and they went three days in the wilderness and found no water. <sup>23</sup> When they came to Marah, they could not drink the waters of Marah, because they were bitter; for that reason it was named Marah. <sup>24</sup> So the people grumbled at Moses, saying, "What are we to drink?" <sup>25</sup> Then he cried out to the Lord, and the Lord showed him a tree; and he threw it into the waters, and the waters became sweet. There He made for them a statute and regulation, and there He tested them. <sup>26</sup> And He said, "If you will listen carefully to the voice of the Lord your God, and do what is right in His sight, and listen to His commandments, and keep all His statutes, I will put none of the diseases on you which I have put on the Egyptians; for I, the Lord, am your healer." <sup>27</sup> Then they came to Elim where there were twelve springs of water and seventy date palms, and they camped there beside the waters.

### PARAPHRASE IT!

Restate the verses in your own words.

### TALK ABOUT IT!

- What did you like about these verses?
- What did you learn about God?
- What did you learn about people?
- What did you learn about following God?
- What area of your life needs the healing touch of YAHWEH Rapha?

### POINT IT OUT!

**Exodus 15:26** is where for the very first time we see God saying "...I, the Lord, am your healer." (*Yahweh-Rapha* or *Jehovah Rapha*). The Hebrew translation of "Rapha" (râpâ) means - to comfort, to restore or to heal. He is the God who heals. Even David cried out for three areas of healing in his own life in **Psalm 6:2-3**. He needed **Emotional** healing (*Be gracious to me, Lord, for I am frail*); **Physical** healing (*Heal me, Lord, for my bones are horrified*); and **Spiritual** healing (*And my soul is greatly horrified; But You, Lord—how long?*). **HIS WORTH**

#### 1. GOD HEALS US EMOTIONALLY

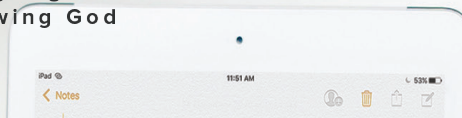
Our Heavenly Father is Yahweh Rapha when we are in need of emotional healing. **Psalm 147:3** says God heals the brokenhearted (crushed, smashed, shattered into pieces).

If you are in emotional pain due to circumstances beyond your control, admit that they are beyond your control. God offers a prescription in **1 Peter 5:7**. Surrender or give all the emotional pain to God because He cares for us so much.

Only God can cure, restore, comfort, and heal your heart. God heals the root and source of the problem in the heart with His prescription: **forgiveness**. Forgiveness is the Greek word *apoluein*, which means "to release." There is healing and freedom in forgiveness because forgiveness is more powerful than pain.

**1 Peter 2:22-23** also shows us Jesus' response to pain caused by others. He did not threaten and kept entrusting Himself to God. Forgiveness doesn't make the perpetrators right; it makes us right before God. Forgiveness is a choice, not a feeling. Whatever pain you are carrying, you need to hand it over to the Healer Himself.

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## WORD

### 2. GOD HEALS US PHYSICALLY

True to His character and nature, He fulfilled His promises in the Old Testament numerous times—healing His chosen people and even nations who did not consider Him as Lord.

In the New Testament gospels, Jesus had countless miracles of healing that revealed he is the Son of God. In **Matthew 4:24**, Jesus healed everyone who sought healing. He even raised some from the dead. Jesus taught his disciples and gave them the power and authority to cast out demons and heal the sick which many of them did as well.

Spiritual gifts of healing were not only given to apostles and leaders but also to the church members in the New Testament (**1 Corinthians 12:8-9**), including some today. We are clearly taught that when we pray in the name of Jesus in accordance with His will and with faith and conviction, God promises to hear and answer. We are to ask to receive (**John 16:23**).

In the midst of suffering, remember that He still loves you and He still has a plan and purpose for that pain that can end up as a blessing beyond you could ever imagine (**2 Corinthians 4:16-17**).

God heals in whatever way He chooses, and we can't demand healing because we do not know the specific heart of God in each case. Remember that death does not mean God is defeated. It is victory when we are in Christ (**Psalms 116:15**).

### 3. GOD HEALS US SPIRITUALLY

God has created us with a soul that has the ability to feel guilt when we do something wrong. This is God's alarm bell warning us to deal with what's wrong before it leads to spiritual death.

In **Psalms 32**, David openly pours out his moral sickness and pleads for spiritual healing after his wretched sins of adultery with Bathsheba, murder of Uriah, and living with lies and deceit. He confessed the condition of his heart (**v.3**). He felt a heavy burden on his heart (**v.4**). David came to his senses and admitted his sin (**v.5**). Finally, David's guilt is cleansed, and his spiritual sickness is healed.

One of the greatest miracles of healing is when you are born again. You were once dead in your sins but then made alive by the Spirit of God. This is how God heals us spiritually.

Quit trying to hide away and justify your sin. Repent and turn to God (**Acts 3:19**). Relief from your pain, healing for your heart, and cleansing for your soul are all found at the foot of the cross of Christ Jesus—where every sin is paid in full by the blood of Jesus. He is the Living Water who gives us eternal life (**John 4:14**).

## WORKS

### APPLY IT!

Based on this lesson on God's name: YAHWEH RAPHA, write down your action point to apply what you learned. Make this your "I will..." statement and follow the S.M.A.R.T guideline to come up with a do-able action point

- Simple
- Measurable
- Appropriate
- Realistic
- Time-bound

"I will \_\_\_\_\_  
\_\_\_\_\_

### SHARE IT!

Who will you share these truths to this week?

### PRAY CARE SHARE IN ACTION

Pray for emotional, physical, and spiritual healing. Be an instrument of God's healing in someone's life. Share the healing power of God's Word—the Gospel, to your loved ones

## WEEKLY PRAYER POINTS

### I. Thanksgiving

Worship God for who He is, what He has done, and what He will do in our lives

### II. Country and the World

Upright and moral governance of Public Servants  
A God-centered Philippines  
Repentance and Salvation

### III. Church

That CCF Members would honor and love God and make disciples  
Elders, Pastors, Leaders, and Families  
Ministries and Churches worldwide

### IV. CCF Facilities

Worship and Training Center  
Prayer Mountain

### V. Personal Concerns

Deeper intimate relationship with God  
Righteous living  
Salvation of family and friends