

INTERCEDE
CCF PRAYER & FASTING



UNDEFEATED

THE VICTORIOUS PRAYER LIFE

JULY 3-6, 2024
WEDNESDAY TO SATURDAY

PART OF A YEAR-LONG
CELEBRATION OF

ccf 40

from our senior pastor

Greetings, brothers and sisters in Christ!

It has been six months into the year, and we have seen so many things happen in our church, our country, and our world. Furthermore, the reality is that we face spiritual battles daily – and the way to face them and fight them is on our knees in prayer!

As we enter the second half of the year, we invite you to join us once again for a season of prayer and fasting. Our theme is **UNDEFEATED: The Victorious Prayer Life**.

Throughout these days, we will be looking into various instances in Scripture where prayer was done to respond to the challenges people were facing at that moment. Our convictions are deeply rooted in our faith in God, and His faithfulness towards us.

When the battles come, we strengthen ourselves through prayer, crying out to Him who provides relief, refuge, and victory. If we are true believers, we fight from a position of victory – that which was already won by Jesus Christ! **1 John 5:4** says this:

For whatever is born of God overcomes the world;
and this is the victory that has overcome the world—our faith.

I pray that in this season of prayer and fasting, we learn to depend on the Lord and to experience His perfect peace knowing that God is with us, and our lives are secured in Him. May we experience breakthroughs in all aspects of our lives as we devote our time in praying, fasting, and seeking His presence together as a church.

Have a blessed time this week.

In Christ,



Dr. Peter Tan-Chi

SENIOR PASTOR, CHRIST'S COMMISSION FELLOWSHIP

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LET'S FAST AND PRAY **TOGETHER.**

Our bi-annual prayer and fasting weeks are held every start and middle of the year for us to express our dependence on God and recalibrate ourselves to His will.

As we fast and pray, study and apply His Word, and gather together from Wednesday to Saturday for corporate worship and prayer, let us confidently bring our needs to Him, **THE GOD WHO IS THE SAME YESTERDAY, TODAY, AND FOREVER (HEBREWS 13:8).**

WHAT IS **PRAYER**?

Prayer is conversing and communing with God and listening to Him for the purpose of aligning our will to His. We come before God in the name of Jesus, based on His Word (the Bible), and guided by His Holy Spirit. When we pray, we worship Him, pour our hearts out in thanksgiving to Him as our Heavenly Father, bring to Him our needs and the needs of others, and ask that His Kingdom come and His will be done in our lives (Matthew 6:9-13; 1 John 5:14-15; John 16:23-24; Jude 20).

WHAT IS **FASTING**?

Fasting is the voluntary abstinence from food for a specified duration of time to express remorse and repentance from sin, to earnestly seek God's will, or to be more intimate with God as we spend extended time in reading His Word and in prayer. Foregoing something essential such as food gives us an opportunity to express how sincere and determined we are in aligning ourselves with God's heart by humbly seeking His answers to our questions, praying for His provisions for our needs, and asking for spiritual breakthroughs.

While modern-day Christians may also fast (abstain) from other things like entertainment, sports, and social media, abstaining from food is the typical expression of fasting in the Bible because we can survive our entire lives without many things — but we cannot go on forever without food. Meaning, we have chosen God and His pleasure more than what sustains our physical life (Nehemiah 1:4, 9:1; Esther 4:3; Daniel 9:3; Joel 2:12; Matthew 6:16-18; Acts 13:2; Isaiah 58).

WHY SHOULD WE FAST?

GOD EXPECTS US TO FAST.

Whenever you fast, do not put on a gloomy face as the hypocrites do, for they neglect their appearance so that they will be noticed by men when they are fasting. Truly I say to you, they have their reward in full. But you, when you fast, anoint your head and wash your face.

– Matthew 6:16-17

Jesus said “**Whenever** you fast”, not “**If** you fast.” This means that fasting, like prayer, is not an option. Fasting is part of the Christian life.

JESUS FASTED.

And after He had fasted forty days and forty nights, He then became hungry.

– Matthew 4:2

Before Jesus' ministry, He fasted for forty days. He knew He needed spiritual strength to fulfill His purpose. Fasting makes us physically weak but spiritually stronger and more prepared to do God's work.

THE EARLY CHURCH FASTED.

Then, when they had fasted and prayed and laid their hands on them, they sent them away.

– Acts 13:3 (see also Acts 14:23)

The Church fasted for Saul (Paul) and Barnabas. Later, Paul and Barnabas appointed leaders in various churches, fasting and praying before commending these leaders to the Lord.

FASTING DEMONSTRATES HUMILITY BEFORE GOD.

But as for me, when they were sick, my clothing was sackcloth; I humbled my soul with fasting; and my prayer kept returning to my bosom.

– Psalm 35:13 (See also 1 Kings 21:27-29; Ezra 8:21)

Humility lets us experience God's grace. When we humble ourselves in prayer and turn from our wicked ways, God promises to hear us and answer us according to His perfect will.

FASTING MAKES US SENSITIVE TO THE LEADING OF THE HOLY SPIRIT.

Jesus, full of the Holy Spirit, returned from the Jordan and was led around by the Spirit in the wilderness for forty days, being tempted by the devil. And He ate nothing during those days, and when they had ended, He became hungry.

– Luke 4:1-2 (See also Acts 13:2, Matthew 17:21, Mark 9:29)

We are prone to forget our priorities. Fasting is a visible reminder that God takes precedence over all our needs. Fasting lifts up matters at hand to God who is able to do awesome works that will bring Him great glory.

FASTING BRINGS ABOUT PERSONAL AND NATIONAL SPIRITUAL REVIVAL.

And My people who are called by My name humble themselves and pray and seek My face and turn from their wicked ways, then I will hear from heaven, will forgive their sin and will heal their land.

– 2 Chronicles 7:14

So I gave my attention to the Lord God to seek Him by prayer and supplications, with fasting, sackcloth, and ashes.

– Daniel 9:3

Fasting prompts revival to an individual and to the country. It brings forth a stirring that will heal, change, and prepare us for greater things in God's kingdom.

FASTING IS GOOD FOR OUR HEALTH.

Fasting improves our physical condition. Many impurities in the body are burned up when the body is denied food, thus, clearing the mind, cleansing, and healing the body. Even people who are underweight who fast for spiritual purposes have been known to gain weight after completing their fasts. Many Bible teachers say that a three-day fast is especially beneficial for spiritual cleansing and also for breaking addictive habits.

*(from "What Does the Bible Say About Fasting?",
Christ Unlimited Ministries, www.bible.com)*

DIFFERENT KINDS OF **FASTING**

There are probably as many ways to fast as there are ways to pray, but these four ideas are a starting point.

NORMAL FAST

In a normal fast, a person goes without food for a predetermined amount of time. Water is allowed and necessary. Extreme care should be taken with long fasts (more than a week), especially if there are underlying medical conditions. It is wise to consult your physician if you are planning to embark on a long fast.

PARTIAL FAST

In a partial fast, a person only eats certain kinds of food for a period of time or have just one to two meals a day. In the Bible, Daniel and John the Baptist maintained a certain diet during their fasts. The 18th Century preacher John Wesley had only bread and water for many days as his fast.

JUICE FAST

This is a partial fast specifically restricted to only juices.

OBJECT FAST

It is possible to fast from something other than food. Some decide to fast from watching television, using social media, or using the computer outside of work or school. The key is to replace the time spent on that activity with time devoted to the Lord. For married couples, this could mean abstaining from physical intimacy to focus on prayer (1 Corinthians 7:5).

STARTING AND ENDING **YOUR FAST**

It is important for you to start and end your fast gradually. Start cutting down on your food intake, especially those with caffeine (coffee, tea, soft drinks) days before you fast. More importantly, pray in advance for God to sustain you physically, mentally, and spiritually during your fast. For the first few meals after your fast, do not immediately go back to your normal food intake. Taking soft food in moderate amounts is best to allow your body to adjust and get back to its normal digestion.

PRECAUTIONS

While there are benefits in fasting, some should not fast without professional medical supervision.

For example:

- Persons who are physically too thin
- Persons who are prone to eating disorders
- Those who suffer from weakness or anemia
- Persons who have been diagnosed with certain ailments that require continuous nutrition
- Pregnant and nursing women
- People taking prescription medication

CONSULT YOUR DOCTOR BEFORE YOU BEGIN YOUR FAST. Be aware that some doctors may not have been trained in this area so their understanding about it may be limited.

PRAY AND FAST **WITH YOUR CHILDREN**

Download the **NXTGEN** Prayer & Fasting Booklet
for families with **kids ages 7 to 12** at

go.ccf.org.ph/IntercedeKids



SUGGESTIONS FOR **PRAYER**

As we go through a number of Scripture passages for the next few days, we can learn to **PRAY THROUGH SCRIPTURE** by using the following outline.

CONFESSION

Ask the Holy Spirit to reveal anything in your life that is not pleasing to Him. Humbly confess all known sin and receive God's mercy. Then ask for God's forgiveness even for sins you may not be aware you have committed.

ADORATION

Spend time in personal worship of God, extolling Him for who He is and what He has done.

Praise Him for His attributes – Almighty, Eternal, Faithful and many others. Commune with the Lord by acknowledging His manifest presence in your life.

SUPPLICATION

Lift up your requests to God. Cast all your cares to Him for He cares for you (1 Peter 5:7.) You can pray specifically for the world, the church, your community, family, relationships, and then lastly, for your personal petitions.

THANKSGIVING

Thank the Lord for His many, varied, and specific blessings in your life. Ask for a heart of gratitude and contentment in all things. By faith, give thanks to Him in advance, not only for listening to your prayers but for His answers to all of these petitions.

The background consists of a complex, abstract pattern of overlapping triangles in various shades of dark red and black. The triangles vary in size and orientation, creating a dynamic, low-poly aesthetic. The word "DEVOTIONS" is centered in a white, hand-drawn, brush-stroke font. Small yellow squares are placed at the beginning and end of the word.

DEVOTIONS

DAY ONE
FAMILY & YOUTH

⁸ But Daniel made up his mind that he would not defile himself with the king's choice food or with the wine which he drank; so he sought permission from the commander of the officials that he might not defile himself. ⁹ Now God granted Daniel favor and compassion in the sight of the commander of the officials, ¹⁰ and the commander of the officials said to Daniel, "I am afraid of my lord the king, who has appointed your food and your drink; for why should he see your faces looking more haggard than the youths who are your own age? Then you would make me forfeit my head to the king." ¹¹ But Daniel said to the overseer whom the commander of the officials had appointed over Daniel, Hananiah, Mishael and Azariah, ¹² "Please test your servants for ten days, and let us be given some vegetables to eat and water to drink. ¹³ Then let our appearance be observed in your presence and the appearance of the youths who are eating the king's choice food; and deal with your servants according to what you see."

¹⁴ So he listened to them in this matter and tested them for ten days. ¹⁵ At the end of ten days their appearance seemed better and they were fatter than all the youths who had been eating the king's choice food. ¹⁶ So the overseer continued to withhold their choice food and the wine they were to drink, and kept giving them vegetables.

¹⁷ As for these four youths, God gave them knowledge and intelligence in every branch of literature and wisdom; Daniel even understood all kinds of visions and dreams.

¹⁸ Then at the end of the days which the king had specified for presenting them, the commander of the officials presented them before Nebuchadnezzar. ¹⁹ The king talked with them, and out of them all not one was found like Daniel, Hananiah, Mishael and Azariah; so they entered the king's personal service. ²⁰ As for every matter of wisdom and understanding about which the king consulted them, he found them ten times better than all the magicians and conjurers who were in all his realm. ²¹ And Daniel continued until the first year of Cyrus the king.

DANIEL 1:8-21

1. Read Daniel 1:1-7: What did Daniel and his friends go through under the Babylonians?
2. What did Daniel do differently from the other youths around him? Why was it so important? (vv 8-12)
3. How did Daniel's request turn out? What did God do to protect him and his friends? (vv 9, 14-17)
4. What happened to Daniel and his friends as a result? Why was this so significant? (vv 18-21)

APPLY IT

Daniel and his friends, having grown up in families that worshiped God, were now in a foreign land – serving under several pagan kings. Despite being exiled, they remained loyal to the Lord and faithful in all of their dealings. These young Israelites continued in their convictions to seek God above all, praying for victory in their journey with God. Daniel's exemplary standing is one that has impacted his friends, through nations & kingdoms, fulfilling God's purpose in his lifetime.

1. What are a few examples of my personal convictions?

(Ask God in what particular aspect/s of life you need to obey Him. Write them down here.)

2. How specifically can I be a godly example and influence among family, classmates/workmates, and friends?
3. In what ways can I develop a lifestyle of prayer and fasting as I go about my daily activities and various roles in life?

(set Simple, Measurable, Appropriate, Realistic, and Time-bound [SMART] commitments)

Example: Allot certain days in a week for unhurried time of prayer, Bible-reading, meditation, and fasting. It is also ideal to practice this together with your family, small group, or friends.

Pray for the Family:

Ask God to use you as a channel of His love to your close relationships, relatives, and family members:

- to be a more Christ-like spouse, parent, child, family member, friend, etc.
- to shepherd our families and friends in the ways of the Lord
- to be filled with the Holy Spirit and exhibit its fruit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control (Galatians 5:22-23)
- to glorify and praise God in all things, even through the challenging relationships in our families

Let us confess our tendency to take our relationships for granted, to ignore conflicts and tensions, as well as unforgiveness to those who have hurt us within our families.

Pray to be more intentional starting this week to a family member, relative, or friend with whom you need to reconcile.

Take the opportunity to pray with your loved ones and affirm each other's good qualities and actions.

Take time to ask one another: "How can I improve? How have I hurt you? Will you forgive me?", then pray for each other.

Pray for the youth in your family, our church, and in our nation to know Jesus in their most vulnerable years; to be discipled excellently, develop lifelong godly convictions and habits that will influence generations and nations for God's purpose.

Pray for Lifestage Ministries:

Across (Family)

- for more families to put Jesus Christ, His love, and His Word at the center of their relationships
- more leaders and volunteers to serve in the ministry and disciple other families
- divine wisdom how to help Every Family be a Discipleship Group (EFAD)

B1G (Singles)

- for everyone to focus on Jesus and intentionally minister to families and colleagues
- for singles to remain steadfast and rooted in God's Word, fulfill the command to make disciples; to set up Bible studies at the workplace; to be Christ-like in every season of life

Elevate (Youth), #NotAlone Program

- for God to continue to use Elevate in reaching more students in various campuses, for more youth to come to know Christ and continue to spread the Gospel where they are
- for all campus missionaries to be adequately supported through the Adopt-A-Campus-Missionary program, Adopt-A-Campus project, etc.
- continuous expansion of the #NotAlone program to reach out to more schools in the Philippines and to minister to teachers and students alike

NxtGen (Children)

- for children to grow in their love for God and His Word and to serve Him faithfully
- for parents to raise children in the knowledge and love of the Lord Jesus
- for more volunteers to teach and train our young generation, modeling Christ-like love and humble service
- that God will raise future servant leaders from this generation

Life Academy

- for all Life Academy International (LAI) leaders, workers, and teachers to be constantly empowered by the Holy Spirit in educating students in the ways of Christ and impacting them to become Christ-committed followers
- unity for teachers and staff in discipling students to become Christ-like servant leaders
- for students to embody excellence in academics, athletics, and in acquiring new skills
- for the Holy Spirit's guidance upon the leadership team as they make decisions and plans for the school

WORK & FINANCE

³¹ Therefore be on the alert, remembering that night and day for a period of three years I did not cease to admonish each one with tears. ³² And now I commend you to God and to the word of His grace, which is able to build you up and to give you the inheritance among all those who are sanctified. ³³ I have coveted no one's silver or gold or clothes. ³⁴ You yourselves know that these hands ministered to my own needs and to the men who were with me. ³⁵ In everything I showed you that by working hard in this manner you must help the weak and remember the words of the Lord Jesus, that He Himself said, 'It is more blessed to give than to receive.'

³⁶ When he had said these things, he knelt down and prayed with them all.

ACTS 20:31-36

1. Read Acts 20:17-30: What was the context surrounding Paul's address to the Ephesian leaders?
2. What did Paul do for the church at Ephesus? List down his ministry & work among them (vv 31-35)
3. How were Paul's needs provided for as he ministered in Ephesus? (vv 33-35)
4. In what way did Paul exhibit a lifestyle of worship & prayer? (vv 19-24, 27, 31-32, 36)

APPLY IT

The Apostle Paul was a tent-maker and a missionary. He was working to provide for his needs and the needs of others all while ministering to people and planting churches across the world. Rather than preoccupying himself with selfish financial gain, he used his skills and resources to carry out his calling from the Lord Jesus and to be a blessing to the communities he reached out to. Lastly, we see from his very own farewell to the leaders in Ephesus how he shared his life with them, building Christ-centered relationships along the way.

1. Where has God placed me to fulfill my calling and be of service to Him? How can I be more intentional towards the people around me and find ways to minister to them?

(think about your current occupation, position, influence, and relationships)

2. How can I grow in the following areas:

(Set Simple, Measurable, Appropriate, Realistic, and Time-bound [SMART] commitments)

Excellence at Work & Ministry: _____

Intentionality with Relationships: _____

Lifestyle of Prayer and being Spirit-filled: _____

Sacrifice, Stewardship, and Generosity: _____

3. In what ways can I treat my work as my ministry for the Lord? What steps can I take to establish this?

(set Simple, Measurable, Appropriate, Realistic, and Time-bound [SMART] commitments)

Example: "As a Christ-follower, I will initiate a time of prayer or conduct a Bible study in our workplace once a month."

NOTES

PRAY IT**GOD'S CALLING**

- Seek for His calling upon your life. Offer to Him the way you work as a pleasing sacrifice. Be ready to obey Him wherever He will lead you and whatever He will ask you to do.
- Ask the Lord to reveal what He is doing in your community. Offer to Him your own occupation and become a representative of His Kingdom.
- Strive for excellence in school or at work - do everything for God's glory alone.
- Pray for a culture of obeying God's Word and practicing evangelism and discipleship in your sphere of influence (family, community, company, and country.)
- Serve in your workplace or community (start a Bible study or prayer time in your workplace or nearby location)
- Ask the Lord for His wisdom and counsel for your life; let the Holy Spirit provide a spiritual revival for you with renewed strength and zeal to follow Him faithfully

GOD'S FINANCIAL PROVISION

- Take the time to cast your financial burdens to the Lord: any discouragement, anxiety, short-coming, or fear that gets in the way of your relationship with God.
- Confess the times we let our worries consume us. Repent from having relied on our own strength or wisdom, rather than depending on God first and foremost for our needs.
- Ask the Lord for a financial breakthrough and a heart to seek His Kingdom above all. Let the Holy Spirit enable you to be a good steward of His resources.
- Pray to be more generous, charitable, and cheerful as you give your time, talents, and resources to God's work in the church, or to anyone who may be in need at this moment.

DAY THREE

HEALING: PERSONAL & RELATIONSHIPS

¹⁸ While He was saying these things to them, a synagogue official came and bowed down before Him, and said, “My daughter has just died; but come and lay Your hand on her, and she will live.” ¹⁹ Jesus got up and began to follow him, and so did His disciples.

²⁰ And a woman who had been suffering from a hemorrhage for twelve years, came up behind Him and touched the fringe of His cloak; ²¹ for she was saying to herself, “If I only touch His garment, I will get well.” ²² But Jesus turning and seeing her said, “Daughter, take courage; your faith has made you well.” At once the woman was made well.

²³ When Jesus came into the official’s house, and saw the flute-players and the crowd in noisy disorder, ²⁴ He said, “Leave; for the girl has not died, but is asleep.” And they began laughing at Him. ²⁵ But when the crowd had been sent out, He entered and took her by the hand, and the girl got up. ²⁶ This news spread throughout all that land.

MATTHEW 9:18-26

1. For more context, read the parallel accounts in Mark 5:21-43 and Luke 8:40-56: What was the implication for a synagogue official to ask help from Jesus? What was the condition of his young daughter who needed healing? (vv 18-19)
2. What was the health condition of the woman who touched Jesus’ garment secretly? Why was her action so significant? (vv 20-22)
3. How did Jesus respond to the bleeding woman? (v 22)
4. How did the people respond to Jesus as he approached to heal the young girl? What happened as a result of the healing? (vv 23-26)

This story of two individuals who needed healing portrays how God responds to our desperate prayers and how He brings about supernatural healing. Despite being a synagogue official, the man humbly requested for his daughter to be healed—and even when she is already dead, Jesus was able to raise her back to life. Despite the fear and isolation of the bleeding woman, she courageously reached out by faith unto Jesus for her healing. If Jesus can raise the dead and heal infirmities, He can heal our bodies, minds, hearts, and even our relationships that need to be mended.

1. Have I experienced a condition that limited or discouraged me (whether illness, weakness, emotional struggles, or other trials)? How did I respond?
2. How can I depend on the Lord for my healing, restoration, and renewal?
3. Do you have a broken relationship with someone right now that needs restoration? In what way can the Lord bring about healing in your relationship?

(set Simple, Measurable, Appropriate, Realistic, and Time-bound [SMART] commitments)

“I will reach out to _____ this week and meet with them to process and pray together.”

4. Take a few moments to intercede for those who are currently ill and in need of spiritual healing and salvation. By faith, pray for _____ (mention each person by name, every _____ beginning this week.)

NOTES

PRAY IT

Let us confess our unworthiness before the Lord - of His sacrifice and love; for the times we have relied on our own resources and wisdom rather than running to Him first and foremost for our healing and wholeness.

SPIRITUAL HEALING:

- Let us pray in faith for a spiritual breakthrough in the following areas:
 - Pride, self-centeredness, secret sins
 - Idolatry, greed, materialism
 - Sexual purity, self-control, integrity
 - Addictions (alcohol, drugs, pornography, digital/gaming, gambling, etc)
 - Bad influences, ungodly relationships, gossip, slander, lying
 - Spiritual warfare and attacks of the enemy (suicidal thoughts & tendencies)
- Confess and ask forgiveness for sin, shortcomings, and any bondage or addiction; seek God's restoration as we repent and surrender

EMOTIONAL & MENTAL HEALING:

- Let us confess the times we've been overcome by worry; for the times we have relied on our own resources and reasoning for our healing and well-being rather than running to God
- Take the time to cast your burdens unto the Lord: any discouragement, anxiety, shortcomings, or fear that get in the way of your relationship with God
- You may know of people who are going through emotional stress or mental health challenges. Pray for each of them by name for the Lord's supernatural healing as well as their salvation

PHYSICAL HEALING:

- As we pray for healing for ourselves or others, let us trust that God will heal in His time and in His way. Instead of demanding or dictating how He should heal, let us remember to pray with child-like faith - believing He is the same Healer yesterday, today, and forevermore

- Ask the Lord for a personal breakthrough in your health and well-being - pray for a heart that seeks God's kingdom above all. Let the Holy Spirit guide your lifestyle so that you may faithfully do your part in caring for your body which is His temple
- Pray for good health as we do our part in eating properly, sleeping adequately, exercising regularly, and practicing soul care daily (spiritual disciplines)

RELATIONAL HEALING:

- Pray that we will be able to love the unlovable and be Christ-like to those who mistreat us or think ill of us
- Ask for humility and forgiveness when we have been an enemy to someone and seek to make amends and restore the relationships
- Let us pray for victory in the following areas:
 - Conflict in and among our relationships in the family, at work/school, among friends, or fellow churchmates
 - Unforgiveness
 - Bitterness over past hurts
 - Desire for vengeance
 - Pride, defensiveness, rationalizing sin
 - Being abusive or hurtful towards others
 - Attacks of the enemy, demonic influence
- Ask the Lord for a relational breakthrough and seek His forgiveness, reconciliation, and restoration over any conflict or hurt. Let the Holy Spirit provide a spiritual revival for you, with renewed strength and zeal to follow Him faithfully

DAY FOUR
CHURCH & NATIONS

⁴ When he had seized him, he put him in prison, delivering him to four squads of soldiers to guard him, intending after the Passover to bring him out before the people. ⁵ So Peter was kept in the prison, but prayer for him was being made fervently by the church to God.

⁶ On the very night when Herod was about to bring him forward, Peter was sleeping between two soldiers, bound with two chains, and guards in front of the door were watching over the prison. ⁷ And behold, an angel of the Lord suddenly appeared and a light shone in the cell; and he struck Peter's side and woke him up, saying, "Get up quickly." And his chains fell off his hands. ⁸ And the angel said to him, "Gird yourself and put on your sandals." And he did so. And he said to him, "Wrap your cloak around you and follow me." ⁹ And he went out and continued to follow, and he did not know that what was being done by the angel was real, but thought he was seeing a vision. ¹⁰ When they had passed the first and second guard, they came to the iron gate that leads into the city, which opened for them by itself; and they went out and went along one street, and immediately the angel departed from him. ¹¹ When Peter came to himself, he said, "Now I know for sure that the Lord has sent forth His angel and rescued me from the hand of Herod and from all that the Jewish people were expecting." ¹² And when he realized this, he went to the house of Mary, the mother of John who was also called Mark, where many were gathered together and were praying.

ACTS 12:4-12

1. Why was the Apostle Peter put in prison? What was the church doing while Peter was in prison? (vv 4-6)
2. In what way was he miraculously released and set free by the angel of the Lord? (vv 7-10)
3. What was Peter's realization after he was rescued? How was the church involved in his predicament? (vv 11-12)
4. Read further in Acts 12:13-17, 24: What did Peter do next? In what way did God use his imprisonment for the furtherance of the Gospel?

APPLY IT

The Apostle Peter was imprisoned by King Herod but was miraculously set free by the King of kings. While he was waiting for his deliverance, the church was interceding on his behalf. As the angel carried Peter through to freedom, he could hardly believe what was happening before his eyes. Yet, when he rejoined the other Christians, they were believing for the impossible in and through their prayer to the Lord. This story shows us that our seemingly imprisoned hopes and limited plans can become an amazing testimony and a way for the Gospel to be proclaimed.

1. What is my difficult situation right now? How can I best respond in prayer?
2. In what way can I depend on God and ask for the help & intercession of fellow believers whenever trials come?
 (Set Simple, Measurable, Appropriate, Realistic, and Time-bound [SMART] commitments)
Example: "I will meet with my small group regularly for accountability & prayer every week."
3. Who are the people that I know are currently experiencing trials?
 (Mention each person by name and pray for them to overcome their present trials)
4. How can my current situation be used to share my testimony and the Gospel of Jesus to others?

PRAY IT

Pray for the Church:

- Let us pray to be more like Jesus, denying ourselves and serving others sacrificially, without expecting anything in return.
- Let us lift our church, Christ's Commission Fellowship, to continue magnifying the Lord by making disciples who will make disciples of all nations.
- Pray for a culture of honoring God's Word and authorities in the Church—to submit to God above all and abide by the wisdom of our elders, pastors, and servant-leaders.
- Intercede for our leaders that the Lord may indeed sustain them and grant them wisdom on how to navigate the year ahead, such that God is glorified in their lives and in our church
 - Our Senior Pastor Peter Tan-Chi, his wife Deonna, and their entire family
 - For all the Elders, Pastors, servant-leaders, and respective families
 - CCF Ministry Heads, Staff, Workers, Volunteers, Partner Missionaries
 - Disciplers and Disciples to grow in Christlikeness as they fulfill the Great Commission
 - For the CCF Training Center - that it may be completed and used ultimately for God's purpose and glory for years to come
 - For our national and international church planting initiatives to bear fruit for God's glory
- For various CCF satellites, ministries, house fellowships, and Dgroups all over the country and the world to continue serving the Lord in steadfastness and faithfulness.
- Pray to be part of a Dgroup or, if you are already in one, to start your own Dgroup this year.
- Pray for the persecuted church around the world that God will show Himself powerful to the imprisoned and tortured believers for their faith in Christ; that the Gospel may be known to the persecutors for their faithful witness in extreme suffering.

Pray for Ministries:

- Across, B1G, Elevate, NxtGen
- Discipleship Ministry
- GLC
- WOW (Women)
- MoveMENT† (men), Living Free Ministry
- CCF Ministries Team
- CCF Sports
- Marketplace, G-Men
- Tulong Tayo, Uplift, #Not Alone
- Ignite Business Leaders Ministry
- Pastoral Care
- Intercede Team
- Mt. Makiling Re-Creation Center

Pray for CCF Departments:

- Welcome Center & Host Team
 - Exalt Team, CCF Media
 - Communications Team
 - Digital Transformation Team
 - IT, Live Production Teams
 - Accounting Team
 - Audit Team
 - Admin & Procurement Teams
 - Facilities Management Team
 - HR Team
 - Legal Team
- Lift up Mt. Makiling Re-creation Center and the team behind it: for wisdom in managing the facilities and in building the Sports Development projects, for the required staff and key positions to be filled by the right candidates; for all guests to encounter Jesus in a personal and transformational way; for the safety and security of all who visit MMRC.
 - Pray for International Care Ministries (ICM), that the poorest of the poor churches that are part of this program may thrive and multiply as they learn to make disciples who will make other disciples.

Pray for the Philippines:

- Intercede for the citizens of our nation—that we may all learn to trust God wholeheartedly and live as prayerful and dutiful men and women of Christ. May every Filipino turn to Christ for real salvation and transformation.
- Intercede on behalf of our country—including our incumbent leaders, that we may all seek the Lord and do His will over the issues that continually encroach upon our nation.
- Pray for our political, legislative, and judicial leaders to uphold biblical values and exemplify godly character, competence, justice, accountability, and family—for them to serve with integrity, wisdom, faithfulness, protection, and guidance:
 - The President, Vice President, Cabinet Members and advisers
 - The Senators and Congressmen
 - The Chief Justice and all justices
 - The Military and Police force
 - The Local Government and Barangay officials

Pray for major national issues:

- For proper crisis management and economic sustainability
- Graft and corruption, illegal drugs trade, forced labor, human trafficking
- Ungodly values, moral decline, materialism, idolatry
- Economic hurdles, high gas prices, inflation, traffic problem, bills and laws that are against God's Word and will
- That more Filipinos from all walks of life be saved, discipled and for them to develop a genuine love for the Lord.

Pray for Christians For Nation-Building (C4NB):

- For the Lord to work in and through this movement to raise awareness among Filipinos (especially the youth) on values-based political engagement and good citizenship that is Christ-honoring and Bible-based.

Pray for the World:

Pray for all nations and governments, that we may all depend on the Lord to carry us through the current economical challenges and for peace in the following conflict-ridden, war-torn, and economically-devastated countries:

- West Philippine Sea and nations involved
- Israel, Gaza, Iran, and the Middle East
- Ukraine and Russia
- Armenia and Azerbaijan
- Iraq, Iran, Afghanistan
- Myanmar, the Rohingya nation
- Sri Lanka
- Sudan, Nigeria
- Other countries facing turmoil

Intercede for the nations where CCF has the opportunity to minister, especially through our International Ministry Partners (IMPs), that they may be sustained and protected as they go about spreading the Gospel in hostile territories:

- Central, East, and South Asia
- North Africa, Sudan

Pray that every nation will come to know Christ through His people and the truth of His Word.

LORD'S SUPPER GUIDE

for online participants:



PREPARE BREAD
AND JUICE

READ: **1 CORINTHIANS 11:23-29**

WHY ARE WE CELEBRATING THE LORD'S SUPPER?

- It is a symbolic meal instituted by our Lord Jesus as a reminder of what He has done for us. We are to celebrate it often and remember Jesus by "proclaiming His death until He comes" (v 26.)
- Before Jesus broke the bread and passed the cup, He gave thanks (v 24) for the opportunity to serve us by giving His body and blood for our sakes!
- **WHAT DOES THE BREAD AND THE WINE (IN OUR CASE, THE JUICE) SYMBOLIZE?**
- The bread symbolizes the body of Jesus which was nailed to the Cross (v 24.)
- The wine (juice) symbolizes the blood of Jesus which was shed for us in the New Covenant (v 25.)
- We do not teach that the bread and juice literally become the body and blood of Jesus Christ.
- Instead, we declare that these elements are representations of our Lord - who He is and what He has done.
- To partake of these elements, therefore, is a symbolic expression of our faith in Him and His finished work.

WHY ARE WE CELEBRATING THE LORD'S SUPPER?

- We should have a thankful and grateful attitude as we look back and look forward.
- Look back and thank our Lord Jesus for:
 - His free gift of salvation and for forgiving our sins
 - His attributes (faithful, forgiving, gracious, holy, loving, unchanging)
 - who He is in our lives (Lord, Master, Savior)
 - blessings like our family (spouse, children, parents, siblings), providing for our needs, etc.
 - opportunities to serve Him and His people (family, friends, church)
- Look forward and thank Jesus for being alive today, and for the gift of relationships (biological and spiritual family)
 - how He will answer our prayers
 - how He will walk us through this year (individually, as a family, as a nation)
 - the promise that one day He will return
- Take some time to reflect

**PARTAKE OF THE BREAD AND JUICE
AND CLOSE IN PRAYER**

PRAYER LIST

THE NATIONS

1. That the world would realize their need for Jesus Christ and that Christ-followers would proclaim the Gospel to all the nations.
2. For God's intervention in sustaining the world economy, maintaining peace and order, upholding the dignity and sanctity of life; for people to continue living in an orderly and God-fearing manner in the midst of tumultuous and uncertain times.
3. Peace for conflict-ridden, war-torn and economically-devastated countries.
4. For CCF Beyond and our International Ministry Partners to be sustained and protected amidst persecution and to continue spreading the Gospel and make disciples for Christ.

THE PHILIPPINES

1. Pray that we may all learn to love God and one another as Christ has loved us. May every Filipino know Jesus and be known for their love for Him.
2. Pray for our incumbent leaders - that they may seek the Lord and do His will over issues that continually encroach upon our nation.
3. Pray for leaders to uphold biblical values and exemplify godly character, competence, justice, accountability, and family — for them to serve with integrity, wisdom, faithfulness, protection, and guidance:
 - The President, Vice President, Cabinet Members and advisers
 - The Senators and Congressmen
 - The Chief Justice and all justices
 - The Military and Police force
 - The Local Government and Barangay Officials
4. For corrupt officials to be exposed and brought to justice; systemic change in our country's government and for righteousness, justice, peace, and economic prosperity to be upheld.

5. For major national issues (economic sustainability, drugs, graft and corruption, forced labor and human trafficking, family fragmentation and absentee parents, moral decline, idolatry, materialism, ungodly values, pornography, sexual promiscuity, LGBTQIA+ agenda, the rise of HIV, teenage pregnancies, gender confusion, screen addiction, traffic problem, and for bills and laws that are being proposed/that have passed which are clearly against God's Word and will.)
6. For more Filipinos from all walks of life to be saved and for them to develop a genuine reverential fear of the Lord.

THE CHURCH

1. For CCF leaders and members to be characterized by love for God and others, purity and holiness, humility and brokenness, integrity
2. Faithfulness to fulfill God's mission for CCF (to honor God and to make Christ-committed followers who will make Christ-committed followers)
3. Pastor Peter Tan-Chi and his family (holiness, intimacy with the Lord, wisdom, and power to lead the CCF movement; to be Spirit-filled at all times)
4. CCF elders, pastors, ministry servant leaders, church planters, Dgroup leaders, missionaries, campus workers, staff members, and volunteers to be passionate in serving God; for holiness, good health and protection, spiritual growth and intimacy with the Lord, to be controlled and empowered by the Holy Spirit, to be people of moral excellence and integrity

Pray for each person by name by visiting this link:

ccf.org.ph/meet-the-team/

5. For CCF to be effective in evangelizing and making disciples, that each CCF member will take part in the movement by reaching out to their families and relatives, and personal networks with the Gospel
6. That CCF members will be devoted to prayer and continuously filled by the Holy Spirit
7. For Elevate to reach the younger generation through its ministries in high schools, colleges, and universities across the nation

FAMILY

1. For a Christ-centered family
2. Husbands to love their wives and be the spiritual leaders of their homes
3. Wives to respect and submit to their husbands
4. Fathers and mothers to be models of Christ-like behavior to their children
5. For parents to be intentional in disciplining their children
6. For children to obey, honor, and respect their parents
7. For forgiveness and restoration of relationships - that families will live harmoniously with love and respect, serving God and others together
8. Salvation of household and relatives

PERSONAL BREAKTHROUGH

1. Spiritual revival – know God more intimately, live to please God and honor Him
2. Develop Christ-like character by being filled with the Holy Spirit and bearing the fruit of the Spirit (love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control)
3. Physical healing and living a balanced life (keep increasing in wisdom, stature, in favor with God and men)
4. Breakthrough over sins and bad habits
5. Let the Holy Spirit guide you where He wants you to serve, with renewed strength and zeal to volunteer in God's work

FINANCES

1. Freedom from debt
2. Good stewardship of God's resources
3. Give generously
4. Business, professional, and career growth

OTHER PERSONAL ITEMS

(pray for your other personal petitions)

HOW DID GOD ANSWER YOUR PRAYER?

**SHARE YOUR STORY AND POINT
PEOPLE TO CHRIST.**

tag us online

   **#CCFAnsweredPrayer**

e-mail us

**questions@ccf.org.ph
testimonies@ccf.org.ph**

write to us

**write your answered prayers on a tithe
envelope and drop it in the tithe box**



(02) 8866-9900



questions@ccf.org.ph



ccf.org.ph



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**C5 corner Ortigas Avenue,
Ortigas East, Pasig City**