

INTERCEDE
CCF PRAYER & FASTING

PRAY 
TO THE GOD OF
LOVE AND TRUTH

JANUARY 6-11, 2025



MESSAGE FROM OUR SENIOR PASTOR

Dear CCFers!

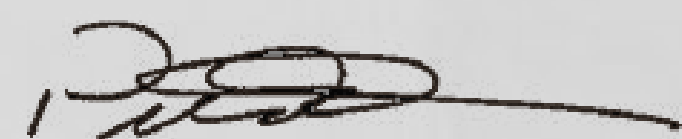
Blessed New Year in the wonderful Name of our Lord and Savior Jesus Christ!

We welcome 2025 with our annual CCF Prayer and Fasting Week! It is our habit to start each year seeking God in prayer to remind us that all we do for His glory and the furtherance of His Kingdom must begin and end with PRAYER. Our theme for the year is **PRAY TO THE GOD OF LOVE AND TRUTH**. Indeed, it is a privilege that we can approach His throne of grace together!

For this year, we are going to focus on King David's prayer in 1 Chronicles 29. In his prayer, David describes the greatness and power of God, His grace and undeserved favor for His people. David also describes how we should respond to God with a life of worship, gratitude and generosity. It is my prayer that as you go through each day of this PRAYER AND FASTING week, you will encounter and worship God afresh, experience His breakthroughs, witness His miracles, receive His answers to your petitions as you meditate on Him and His word and His wonderful works. May we all be reminded of how faithful He was in the past, how good He is in the present, and how perfectly Sovereign He is the future. When we cry out to Him in all humility and pray not only for our needs but for others too, we can be confident that He hears and answers us according to His perfect will!

May God grant us a special encounter with Him in our prayer and devotion time, and may our hearts be ready to hear from Him, love and obey Him and serve Him. God bless our church as we lift this entire year to the Lord!

In Christ,



Dr. Peter Tan-Chi

SENIOR PASTOR, CHRIST'S COMMISSION FELLOWSHIP

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LET'S FAST AND PRAY TOGETHER

Our bi-annual prayer and fasting weeks are held every start and middle of the year for us to express our dependence on God and recalibrate ourselves to His will.

As we fast and pray together as one church starting Monday to Saturday, may we come to realize that the answers to life's questions can be found in seeking God, the only source of love and truth.

We welcome you to this year's prayer and fasting entitled:

Pray to the God of Love and Truth

What is PRAYER?

Prayer is conversing and communing with God and listening to Him for the purpose of aligning our will to His. We come before God in the name of Jesus, based on His Word (the Bible), and guided by His Holy Spirit. When we pray, we worship Him, pour our hearts out in thanksgiving to Him as our Heavenly Father, bring to Him our needs and the needs of others, and ask that His Kingdom come and His will be done in our lives (Matthew 6:9-13; 1 John 5:14-15; John 16:23-24; Jude 20).

What is FASTING?

Fasting is the voluntary abstinence from food for a specified duration of time to express remorse and repentance from sin, to earnestly seek God's will, or to be more intimate with God as we spend extended time in reading His Word and in prayer. Foregoing something essential such as food gives us an opportunity to express how sincere and determined we are in aligning ourselves with God's heart by humbly seeking His answers to our questions, praying for His provisions for our needs, and asking for spiritual breakthroughs.

While modern-day Christians may also fast (abstain) from other things like entertainment, sports, and social media, abstaining from food is the typical expression of fasting in the Bible because we can survive our entire lives without many things — but we cannot go on forever without food. Meaning, we have chosen God and His pleasure more than what sustains our physical life (Nehemiah 1:4, 9:1; Esther 4:3; Daniel 9:3; Joel 2:12; Matthew 6:16-18; Acts 13:2; Isaiah 58).

WHY should we FAST?

GOD EXPECTS US TO FAST

*Whenever you fast, do not put on a gloomy face as the hypocrites do, for they neglect their appearance so that they will be noticed by men when they are fasting. Truly I say to you, they have their reward in full. But you, when you fast, anoint your head and wash your face.
– Matthew 6:16-17*

Jesus said “**Whenever** you fast,” not “**If** you fast.” This means that fasting, like prayer, is not an option. Fasting is part of the Christian life.

JESUS FASTED

And after He had fasted forty days and forty nights, He then became hungry. – Matthew 4:2

Before Jesus' ministry, He fasted for forty days. He knew He needed spiritual strength to fulfill His purpose. Fasting makes us physically weak but spiritually stronger and more prepared to do God's work.

THE EARLY CHURCH FASTED

Then, when they had fasted and prayed and laid their hands on them, they sent them away. – Acts 13:3 (see also Acts 14:23)

The Church fasted for Saul (Paul) and Barnabas. Later, Paul and Barnabas appointed leaders in various churches, fasting and praying before commending these leaders to the Lord.

FASTING DEMONSTRATES HUMILITY BEFORE GOD

But as for me, when they were sick, my clothing was sackcloth; I humbled my soul with fasting; and my prayer kept returning to my bosom. – Psalm 35:13 (See also 1 Kings 21:27-29; Ezra 8:21)

Humility lets us experience God's grace. When we humble ourselves in prayer and turn from our wicked ways, God promises to hear us and answer us according to His perfect will.

FASTING MAKES US SENSITIVE TO THE LEADING OF THE HOLY SPIRIT

Jesus, full of the Holy Spirit, returned from the Jordan and was led around by the Spirit in the wilderness for forty days, being tempted by the devil. And He ate nothing during those days, and when they had ended, He became hungry. – Luke 4:1-2 (See also Acts 13:2, Matthew 17:21, Mark 9:29)

We are prone to forget our priorities. Fasting is a visible reminder that God takes precedence over all our needs. Fasting lifts up matters at hand to God who is able to do awesome works that will bring Him great glory.

FASTING BRINGS ABOUT PERSONAL AND NATIONAL SPIRITUAL REVIVAL

And My people who are called by My name humble themselves and pray and seek My face and turn from their wicked ways, then I will hear from heaven, will forgive their sin and will heal their land. – 2 Chronicles 7:14

So I gave my attention to the Lord God to seek Him by prayer and supplications, with fasting, sackcloth, and ashes. – Daniel 9:3

Fasting prompts revival to an individual and to the country. It brings forth a stirring that will heal, change, and prepare us for greater things in God's kingdom.

FASTING IS GOOD FOR OUR HEALTH

Fasting improves our physical condition. Many impurities in the body are burned up when the body is denied food, thus, clearing the mind, cleansing, and healing the body. Even people who are underweight who fast for spiritual purposes have been known to gain weight after completing their fasts. Many Bible teachers say that a three-day fast is especially beneficial for spiritual cleansing and also for breaking addictive habits.

(from "What Does the Bible Say About Fasting?", Christ Unlimited Ministries, www.bible.com)

What are the different kinds of FASTING?

There are probably as many ways to fast as there are ways to pray, but these four ideas are a starting point.

NORMAL FAST

In a normal fast, a person goes without food for a predetermined amount of time. Water is allowed and necessary. Extreme care should be taken with long fasts (more than a week), especially if there are underlying medical conditions. It is wise to consult your physician if you are planning to embark on a long fast.

PARTIAL FAST

In a partial fast, a person only eats certain kinds of food for a period of time or have just one to two meals a day. In the Bible, Daniel and John the Baptist maintained a certain diet during their fasts. The 18th century preacher John Wesley had only bread and water for many days as his fast.

JUICE FAST

This is a partial fast specifically restricted to only juices.

OBJECT FAST

It is possible to fast from something other than food. Some decide to fast from watching television, using social media, or using the computer outside of work or school. The key is to replace the time spent on that activity with time devoted to the Lord. For married couples, this could mean abstaining from physical intimacy to focus on prayer (1 Corinthians 7:5).

Starting and ending YOUR FAST

It is important for you to start and end your fast gradually. Start cutting down on your food intake, especially those with caffeine (coffee, tea, soft drinks) days before you fast. More importantly, pray in advance for God to sustain you physically, mentally, and spiritually during your fast. For the first few meals after your fast, do not immediately go back to your normal food intake. Taking soft food in moderate amounts is best to allow your body to adjust and get back to its normal digestion.

PRECAUTIONS

While there are benefits in fasting, some should not fast without professional medical supervision. For example:

- Persons who are physically too thin
- Persons who are prone to eating disorders
- Those who suffer from weakness or anemia
- Persons who have been diagnosed with certain ailments that require continuous nutrition
- Pregnant and nursing women
- People taking prescription medication

CONSULT YOUR DOCTOR BEFORE YOU BEGIN YOUR FAST.

Be aware that some doctors may not have been trained in this area so their understanding about it may be limited.

Pray and fast with **WITH YOUR CHILDREN**

Download the **NXTGEN** Prayer & Fasting Booklet
for families with **kids ages 7 to 12** at

go.ccf.org.ph/IntercedeKids



Suggestions for PRAYER

As we go through a number of Scripture passages for the next few days, we can learn to **PRAY THROUGH SCRIPTURE** by using the following outline.

CONFESSIO

Ask the Holy Spirit to reveal anything in your life that is not pleasing to Him. Humbly confess all known sin and receive God's mercy. Then ask for God's forgiveness even for sins you may not be aware you have committed.

ADORATION

Spend time in personal worship of God, extolling Him for who He is and what He has done.

Praise Him for His attributes – Almighty, Eternal, Faithful, and many others. Commune with the Lord by acknowledging His manifest presence in your life.

SUPPLICATION

Lift up your requests to God. Cast all your cares to Him for He cares for you (1 Peter 5:7.) You can pray specifically for the world, the church, your community, family, relationships, and then lastly, for your personal petitions.

THANKSGIVING

Thank the Lord for His many, varied, and specific blessings in your life. Ask for a heart of gratitude and contentment in all things. By faith, give thanks to Him in advance, not only for listening to your prayers but for His answers to all of these petitions.

DEVOTIONS

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... quién es ésta que
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... de un manzano te
... o dolores tu madre
... la que te dio a luz.
... vendada
... será dest
... tierra puestas a
... la de
... extranjeros delante de voso

DAY ONE (January 6, 2025)

Pray for the COUNTRY & NATIONS

READ IT

¹⁰ So David blessed the LORD in the sight of all the assembly; and David said, “Blessed are You, O LORD God of Israel our father, forever and ever. ¹¹ Yours, O LORD, is the greatness and the power and the glory and the victory and the majesty, indeed everything that is in the heavens and the earth; Yours is the dominion, O LORD, and You exalt Yourself as head over all.

1 CHRONICLES 29:10-11

MEDITATE ON IT

1. What was the context of King David’s prayer? Why was he blessing the LORD? *(Read 1 Chronicles 28:1-8 for background)*
2. What was the content of King David’s prayer? What do you notice about his prayer?
3. King David highlights seven attributes of God in his prayer. Take some time to worship the Lord by praising who He is and how each of these attributes relate to you in your current life season:
 - Greatness - _____
 - Power - _____
 - Glory - _____
 - Victory - _____
 - Majesty - _____
 - Dominion - _____
 - Head over all - _____

APPLY IT

King David was preparing to build God's dwelling place, the Temple, and he inaugurated the work in and through prayer. He summoned all the people of the land to join in this pivotal moment in Israel's history as a witness to God's character. Not only would it be a place of worship for the people of God, but it was also where God would be represented to all the people groups of the earth.

1. How is my prayer life with regard to interceding for my country and the world?
2. In what way can I represent God wherever He has placed me? *(In my neighborhood, community, local government, city, workplace, or school?)*

By faith, I will...

Please set Simple, Measurable, Appropriate, Realistic, Time-bound (SMART) commitments.

Example: "As a Christ-follower, I will do my part in sharing the love of Jesus in my community by volunteering in a feeding program once a month."

3. How can I support both local and international missions to spearhead the gospel? What is my part in fulfilling the Great Commission where God is "head over all"?

By faith, I will...

Please set Simple, Measurable, Appropriate, Realistic, Time-bound (SMART) commitments.

Example: "I will pray, give, and volunteer on a short-term missions trip to spread the Word of God to people who have not yet met Christ."

Pray for the World:

Lift up a prayer for the world - including other nations and governments, that we may all depend on the Lord to carry us through the current challenges in the world economy, and for peace in the following conflict-ridden, war-torn, and economically-devastated countries:

- Israel, Palestine, Lebanon
- Ukraine and Russia
- Armenia and Azerbaijan
- Iraq, Iran, Afghanistan
- Sri Lanka
- Sudan, Nigeria
- West Philippine Sea and nations involved
- Other countries facing turmoil
- Pray for CCF Beyond and the international satellites as the Lord opens doors to minister in different countries especially through our International Missionary Partners (IMP).
- Pray that every nation would come to know and encounter the Lord Jesus Christ through His people, sharing the truth of the God's Word and exemplifying the love of God in and through their lives.

Pray for the Philippines:

- Intercede for the citizens of our nation—that we may all learn to trust God wholeheartedly and live as prayerful and dutiful men & women of Christ. May every Filipino turn to Christ for true salvation and transformation.
- Intercede on behalf of our country—including our incumbent leaders, that we may all seek the Lord and do His will over the issues that continually encroach upon our nation.
- Pray for our executive, legislative, and judicial leaders to uphold Biblical values and exemplify godly character, competence, justice, accountability, and family—for them to serve with integrity, wisdom, faithfulness, protection, and guidance:
 - The President, Vice President, cabinet members and advisers
 - The Senators and Congressmen
 - The Chief Justice and all justices

- The Military and Police force
- The local government and barangay officials

Major national issues:

- For proper crisis-management and economic sustainability.
- Graft and corruption, illegal drugs trade, forced labor, human trafficking.
- Ungodly values, moral decline, materialism, idolatry.
- Economic hurdles, high gas prices, inflation, transportation & traffic problem, bills and laws that are against God's word and will.
- For more Filipinos from all walks of life be saved, disciplined, and for them to develop a genuine love for the Lord.

Christians For Nation-Building (C4NB):

- For the Lord to work in and through this movement to raise awareness among Filipinos on values-based political engagement and good citizenship that is Christ-honoring and Bible-based.

Pray to do your own part in building God's Kingdom here on earth as it is in heaven:

- Seek the Lord's guidance on what He is doing in your community. Offer to Him your own occupation and become a representative of His Kingdom; be ready to obey Him wherever He will lead you and whatever He will ask you to do.
- Strive for excellence in school or at work—doing everything for God's glory.
- Serve in your workplace or community (start a Bible study, conduct a prayer time or do good works in your workplace or neighborhood.)
- Pray for a culture of obeying God's Word and practicing evangelism and discipleship in your sphere of influence: family, community, workplace, and country.

(Notes from the Evening Watch message)

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DAY TWO (January 7, 2025)

Pray for **WORK & FINANCES**

READ IT

¹² Both riches and honor come from You, and You rule over all, and in Your hand is power and might; and it lies in Your hand to make great and to strengthen everyone. ¹³ Now therefore, our God, we thank You, and praise Your glorious name.

1 CHRONICLES 29:12-13

MEDITATE ON IT

1. Read 1 Chronicles 29:2-9. What were the king and the people doing as they prepared to build the Temple of God? How did they contribute to the work?
2. How did King David acknowledge God in his prayer? (v.12)
3. What was King David's response in view of God's blessings and resources? (v.13)

APPLY IT

God is the one who provides, guides, and sustains His work. King David acknowledges this in his prayer which results in thanksgiving and praise! Similarly, we are called to work and fulfill our purpose from the Lord. As we do so, God is the one who grants His favor, resources, wisdom, and strength to carry out our tasks for Him. This brings God all the glory in every endeavor!

1. How can I view my work as my calling from God? What would I do differently where He called me?
2. Knowing that God wants to build His Kingdom on earth, how can I steward and invest my resources into God's mission?

Please set Simple, Measurable, Appropriate, Realistic, Time-bound (SMART) commitments.

Example: "I will regularly and cheerfully give my tithes and offerings to God's work in the church and the world."

3. I will take time to thank the Lord for His many blessings in my life. I will note down what God has done and how He has provided, and praise Him for each one!

God's Calling:

Seek the Lord for His calling on your life. Let Him guide you on how to use the following for His purposes:

- Time
- Talent
- Treasure
- Truth (influence)
- Offer to Him the way you work and minister as a pleasing sacrifice. Be ready to obey Him wherever He will lead you and whatever He will ask you to do.
- Ask for the Lord's guidance on what He is doing in your school or place of work. Offer to Him your own occupation and become a representative of His Kingdom.
- Strive for excellence in school or at work—doing everything for God's glory alone.
- Pray for a culture of obeying God's Word and practicing evangelism and discipleship in your sphere of influence: family, community, company, and country.
- Serve in your workplace or community (start a Bible study, conduct a prayer time or do good works in your place of work or neighborhood).
- Ask the Lord for a personal breakthrough as you seek for His wisdom and counsel for your life; let the Holy Spirit provide a spiritual revival for you, with renewed strength and zeal to follow Him faithfully.

God's Financial Provision:

- Take the time to cast your burdens unto the Lord: any discouragement, anxiety, shortcoming, or fear that gets in the way of your relationship with God.
- Confess the times we let our worries consume us. Let us repent of the times that we have relied on our own strength or wisdom, rather than depending on God first and foremost for our needs and resources.

- Ask the Lord for a financial breakthrough—pray for a heart that seeks God’s Kingdom above all; let the Holy Spirit guide you to become a good steward of His resources.
- Pray to be more generous and cheerful as you give your time, talents, and resources to God’s work in the church, in your family or community, or anyone who may be in need at this moment.

(Notes from the Evening Watch message)

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DAY THREE (January 8, 2025)
Pray for the CHURCH

READ IT

¹⁴ “But who am I and who are my people that we should be able to offer as generously as this? For all things come from You, and from Your hand we have given You. ¹⁵ For we are sojourners before You, and tenants, as all our fathers were; our days on the earth are like a shadow, and there is no hope. ¹⁶ O LORD our God, all this abundance that we have provided to build You a house for Your holy name, it is from Your hand, and all is Yours.

1 CHRONICLES 29:14-16

MEDITATE ON IT

1. Examine King David’s prayer. What was his perspective on the people of God? What did he compare them to?
2. Read 1 Chronicles 28:20-21. How were the people to serve God given their roles?
²⁰ Then David said to his son Solomon, “Be strong and courageous, and act; do not fear nor be dismayed, for the Lord God, my God, is with you. He will not fail you nor forsake you until all the work for the service of the house of the Lord is finished. ²¹ Now behold, there are the divisions of the priests and the Levites for all the service of the house of God, and every willing man of any skill will be with you in all the work for all kinds of service. The officials also and all the people will be entirely at your command.”
3. What is our role in building up the house of God? What specific actions can we take to lift up the people of God?

APPLY IT

The servants of God are chosen by Him to minister to His people and to accomplish His work. With the same mindset as the Israelites, Christ-followers view our time on earth as limited and should be optimized for serving God since we are all sojourners, tenants, and pilgrims—setting our ultimate hope on the Lord. As long as we are aligned to His will, He will empower us for the work of the ministry.

1. In what way is God calling me to serve Him in this season of my life? How can I depend on Him as I step out to serve?

2. How can I contribute to the work of the Lord in the church, using my time, talent, treasure, and truth (influence)?

Please set Simple, Measurable, Appropriate, Realistic, Time-bound (SMART) commitments.

Example: "I will prepare food and pray for my Dgroup/family this week."

Pray for the Church:

- Pray to be more like Jesus, denying ourselves and serving others sacrificially without expecting anything in return.
- Lift our church, Christ's Commission Fellowship, in prayer that it may continue magnifying the Lord by making disciples who will make disciples of all nations.
- Pray for a culture of honoring God's Word and authorities in the church—to submit to God above all and abide by the wisdom of our elders, pastors, and servant-leaders.
- Intercede for our leaders that the Lord may sustain His servants and grant them wisdom on how to navigate through the rest of the year such that God is glorified in their lives and our church:
 - Our Senior Pastor, Dr. Peter Tan-Chi, his wife Deonna, and their entire family.
 - Elders, Pastors, servant-leaders, and each one's families.
 - CCF ministry heads, staff, campus missionaries, workers, volunteers, partner missionaries.
 - Every discipler and their disciples to grow in Christlikeness as they fulfill the Great Commission.
 - The CCF Training Center, for its completion, but more importantly that it be used for God's purpose and glory.
 - Our national and international church planting initiatives to bear fruit for God's glory.
- Our various CCF satellites, ministries, house fellowships, and dgroups all over the country and the world, as well as those in different workplaces and communities, to continue serving the Lord in steadfastness and faithfulness.
- To be part of a Dgroup or, if already in one, to start his/her own Dgroup this year.

Pray for the Lifestage Ministries:

- Across (Family)
- B1G (Singles)
- Elevate (Youth)
- NxtGen (Children)

Pray for Support Ministries:

- Discipleship Management
- Global Leadership Center (GLC)
- WOW (women)

PRAY ABOUT IT

- MoveMEN⁺ (men)
- Living Free Ministry
- CCF Sports
- CCF Ministries, Inc., Tulong Tayo, Uplift, #NotAlone, Sipag, Biyahe, Medical Ministry
- Marketplace, G-Men (Govt.)
- Ignite Business Ministry
- Welcome Center & Host Team
- Pastoral Care
- Intercede Ministry

Pray CCF Departments:

- Communications & Live Production
- Exalt Team
- Digital Transformation
- Information Technology (IT)
- Finance
- Audit
- Human Resources
- Legal
- Facilities Management
- Admin & Procurement
- AVL Special Projects

Mt. Makiling Re-creation Center (MMRC):

- For wisdom and guidance to manage the retreat center and build the sports development projects.
- For God to send the right staff and managers to be part of the team who share the common vision and passion to make Christ-committed followers.
- For all who go to MMRC to be blessed and encounter the Lord Jesus Christ.

International Care Ministries (ICM):

- Pray for our partnership with ICM that the poorest of the poor churches may be supported by our programs to thrive and multiply as they learn to make disciples who will make other disciples.

DAY FOUR (January 9, 2025)

Pray for **PERSONAL GROWTH**

READ IT

¹⁷ Since I know, O my God, that You try the heart and delight in uprightness, I, in the integrity of my heart, have willingly offered all these things; so now with joy I have seen Your people, who are present here, make their offerings willingly to You. ¹⁸ O LORD, the God of Abraham, Isaac and Israel, our fathers, preserve this forever in the intentions of the heart of Your people, and direct their heart to You;

1 CHRONICLES 29:17-18

MEDITATE ON IT

1. According to David's prayer, what does the Lord first look at in a person's life? (v.17)
2. Read 1 Chronicles 28:9-10. What was David's instruction to Solomon concerning his well-being?
⁹ "As for you, my son Solomon, know the God of your father, and serve Him with a whole heart and a willing mind; for the LORD searches all hearts, and understands every intent of the thoughts. If you seek Him, He will let you find Him; but if you forsake Him, He will reject you forever. ¹⁰ Consider now, for the LORD has chosen you to build a house for the sanctuary; be courageous and act."
3. How can we check our hearts to make sure that we are aligned to God's plan and purposes? (v.18) What hinders us from practicing His ways in our lives?

APPLY IT

When God spoke to King David about His plan for the Temple to be built by David's son & heir, Solomon, David first examined his own heart and did the same for Solomon. He made sure that their life was characterized by intimacy with the Lord, uprightness, joy, generosity, and faithfulness. He understood that character was what the Lord was after, not comfort nor convenience. We need to seek the Lord above all, as we offer to Him our whole heart and mind.

1. I will take the time to confess my sins, shortcomings, and struggles to the Lord. I will ask for His mercy, grace, and renewal in my life.
2. How can I improve on the following areas of my life based on David's personal prayer?
 - Uprightness (being above reproach) - _____

 - Integrity (no compromise) - _____
 - Intentionality - _____
 - Joy - _____
 - Generosity - _____
 - Faithfulness - _____
3. What habits can I practice to take better care of my spiritual, mental, emotional, and physical well-being?

Please set Simple, Measurable, Appropriate, Realistic, Time-bound (SMART) commitments.

Example: "I will start prayer-walking for at least 10 minutes daily as I spend time with the Lord."

PRAY ABOUT IT

Personal Breakthrough:

- To be able to practice God's presence in my daily life, moment by moment, depending on the Lord in humble surrender and reliance.
- For meaningful exercise of the spiritual disciplines (studying the Bible, prayer, fasting, and regularly joining in Sunday services.)
- To be constantly filled by the Holy Spirit and to be led by the knowledge of His will in all spiritual wisdom and understanding.
- For strength and determination to refrain from activities that are most likely to distract us from experiencing the fullness of God: excessive video games, social media (Facebook, Instagram, Tiktok), entertainment (Netflix), and unhealthy busyness in our work and schedule.
- For God to grant us a spiritual breakthrough in such areas as:
 - Pride, self-centeredness, secret sins
 - Idolatry, greed, materialism
 - Sexual purity, self-control, integrity
 - Addictions (alcohol, drugs, pornography, digital/gaming, gambling, etc)
 - Bad influences, ungodly relationships, gossip, slander, lying
 - Spiritual warfare and attacks of the enemy (suicidal thoughts & tendencies)
- Confess and ask forgiveness for sins, shortcomings, and any bondages or addictions; seek God's restoration in our lives as we repent and surrender.

(Notes from the Evening Watch message)

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DAY FIVE (January 10, 2025)

Pray for the **FAMILY & YOUTH**

READ IT

¹⁸ O LORD, the God of Abraham, Isaac and Israel, our fathers, preserve this forever in the intentions of the heart of Your people, and direct their heart to You; ¹⁹ and give to my son Solomon a perfect heart to keep Your commandments, Your testimonies and Your statutes, and to do them all, and to build the temple, for which I have made provision.”

1 CHRONICLES 29:18-19

MEDITATE ON IT

1. Why is the Lord considered as the God of Abraham, Isaac, and Israel (Jacob)? (v.18) How is God working in the midst of these various generations?
2. What was King David's primary prayer for his son & heir, Solomon? (v.19)
3. Read 1 Chronicles 28:6-8. What was God's promise to King David as he guided his son Solomon to accomplish God's work?

⁶He [God] said to me, 'Your son Solomon is the one who shall build My house and My courts; for I have chosen him to be a son to Me, and I will be a father to him. ⁷ I will establish his kingdom forever if he resolutely performs My commandments and My ordinances, as is done now.' ⁸ So now, in the sight of all Israel, the assembly of the LORD, and in the hearing of our God, observe and seek after all the commandments of the LORD your God so that you may possess the good land and bequeath it to your sons after you forever.

APPLY IT

The Lord is a multi-generational God and seeks to make His faithfulness known among all families. He not only guided King David but also guided King Solomon so long as they were aligned to His heart and ways. In the same light, our family members are entrusted to us by God to love, care for, and guide them towards the Lord. When our lives are centered on Jesus, so will our families be through our godly example.

1. How can I be a better role model to my family? What can I start doing to bless them and guide them closer towards God?

By faith, I will...

Please set Simple, Measurable, Appropriate, Realistic, Time-bound (SMART) commitments.

Example: "I will start allocating time to pray everyday, ask how I can pray specifically for family members and follow through by checking up on them."

2. Ask the Lord: who can I share God's Word to this week in my family? (*Pray for each by name and for an opportunity to share the gospel*)
3. Is there anyone among my loved ones that I need to reconcile with?

By faith, I will...

Please set Simple, Measurable, Appropriate, Realistic, Time-bound (SMART) commitments.

Example: "I will text or give them a call this week to reach out, apologize, and ask for forgiveness."

Pray for the Family:

- Ask God to use you as a channel of His love to your close relationships, relatives, and family members:
 - To be a more Christ-like spouse, parent, child, family member, friend, etc.
 - To shepherd our families and friends in the ways of the Lord.
 - To be filled with the Holy Spirit in order to exhibit the fruit of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control (Galatians 5:22-23).
 - To glorify and praise God in all things, even through the challenging relationships in our families.
- Pray for our relationships that we will love the unlovable and be Christ-like to those who mistreat us or think ill of us.
- Confess our tendency to take our relationships for granted and to ignore conflicts or relational tensions, as well as our unforgiveness towards those who have hurt us, especially in our families.
- Ask God for a humble heart to acknowledge the times that we have done wrong to someone and to seek an opportunity to make amends and restore the relationship.
- Pray in faith for God to grant us victory in such areas as:
 - Unforgiveness
 - Bitterness over past hurts
 - Desire for vengeance
 - Pride, defensiveness, rationalizing sin
 - Being abusive or hurtful towards others
 - Attacks of the enemy, demonic influence
- Pray for intentionality starting this week to reach out to a family member, relative, or friend with whom you need to reconcile.
- Take the opportunity to pray with your loved ones: encourage one another and appreciate each other's good qualities and actions.
- Take time to ask one another: "How can I improve? How have I hurt you? Will you forgive me?", then pray for each other.

Pray for the Youth:

- For the young people in your family, our church, and in our nation to know Jesus in their most vulnerable years, be disciplined faithfully, and for them to develop lifelong godly convictions and habits that will influence generations and nations for God's purposes.

PRAY ABOUT IT

- Let us petition God for our youth & singles in areas such as:
 - Excellence in school or at work
 - Healthy family relationships
 - Victory over addictions (drugs, pornography, digital/gaming)
 - Sexual purity and self-control
 - Overcoming depression, anxiety, and suicidal thoughts
- Be intentional this week by reaching out to and praying with a younger person.

Pray for Ministries focusing on Family & Youth:

Across (Family)

- For families to put Jesus Christ, His love and His Word, at the center of their relationships.
- More leaders & volunteers - especially parents & entire families - to serve in the ministry and disciple other families.
- Divine wisdom on how to help Every Family be A Discipleship group (EFAD).

B1G (Singles)

- For everyone to focus on Jesus and follow His example to intentionally minister to their families and colleagues.
- Ask the Lord for wisdom, provision, and protection for all speakers, leaders, volunteers, and participants of B1G Fridays, B1G True Life Retreat, and B1G Leadership Conference.
- That singles remain steadfast and rooted in God's Word, fulfill His mandate to make disciples; to set up Bible studies in their workplaces; to be Christ-like to everyone they meet in this season of their life.

Elevate (Youth), #NotAlone Program

- For God to use our Elevate youth ministry to continue to reach out to more students in various campuses; that the youth may come to know Christ and continue to spread the gospel where they are.
- All campus missionaries to be adequately supported through the Adopt-A-Campus Missionary program, Adopt-A-Campus Project, etc.
- For our #NotAlone program to continue to expand and reach out to many more schools all over the country and minister to both teachers and students.

NxtGen (Children)

- For children to grow in their love for God & His Word, and serve Him faithfully.
- For parents to raise their children in the knowledge and love of the Lord Jesus.
- For more volunteers to teach and train the youngest generation, to model how to treat and love others unconditionally and to be of service to others.
- That God will raise young leaders to be His future servant leaders in His kingdom.

Life Academy International

- Intercede for all the Life Academy International (LAI) leaders, workers, and teachers to continue to be empowered by the Holy Spirit to educate students in the ways of Christ, impacting them to become committed Christ-followers and letting them make Jesus known for future generations.
- For teachers and staff to have unity in discipling the students to become Christ-like servant leaders.
- For students to be the light of Jesus in different spheres of influence: academic, athletics, and acquisition of new skills.
- For the pioneer batch of LAI College for school year 2025-26 to be guided by God and granted success in each phase.
- For the leadership team to be guided by the Holy Spirit in every decision and plan for the school.

(Notes from the Evening Watch message)

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DAY SIX (January 11, 2025)

Pray for **HEALTH & HEALING**

READ IT

²⁰ Then David said to all the assembly, “Now bless the LORD your God.” And all the assembly blessed the LORD, the God of their fathers, and bowed low and did homage to the LORD and to the king.

²⁸ Then he [David] died in a ripe old age, full of days, riches and honor;

1 CHRONICLES 29:20, 28A

MEDITATE ON IT

1. What was King David’s perspective on life and health?
2. How did he entreat others to worship God?
3. Read Psalm 30:1-5. This was David’s prayer at the dedication of the Temple—how did he request for healing?

¹ I will extol You, O LORD, for You have lifted me up,
And have not let my enemies rejoice over me.

² O LORD my God,
I cried to You for help, and You healed me.

³ O LORD, You have brought up my soul from Sheol;
You have kept me alive, that I would not go down to the pit.

⁴ Sing praise to the LORD, you His godly ones,
And give thanks to His holy name.

⁵ For his anger is but for a moment,
and his favor is for a lifetime.

Weeping may tarry for the night,
but joy comes with the morning.

APPLY IT

King David's prayer exemplifies his pursuit of worshipping God alone. Whether in adversity or peace, sickness or good health, turmoil or tranquility, David lived his life through God and for God. As we live for the Lord, He can sustain and heal our bodies, fortify our minds, guard our hearts, and grant us a life well-lived for His glory.

1. How can I worship God despite the challenges of life (illness, weakness, emotional struggles, or other trials)?

2. I will take time to pray for those who are currently sick and in need of healing and salvation.

By faith, I will pray for _____ *(mention each person by name and set a schedule; for example, every Monday morning starting this week, for the next 6 months)*

3. What do I need to start practicing today in order to be able to finish well one day?

Please set Simple, Measurable, Appropriate, Realistic, Time-bound (SMART) commitments.

Example: "I will pray daily, sleep 7-8 hours, eat healthy food, and cultivate healthy relationships with my loved ones by spending time with them every Saturday."

Let us confess our unworthiness before the Lord. For the times that we have relied on our own resources and understanding, rather than running to God first and foremost for our healing and wholeness.

Emotional & Mental Healing:

- Let us confess for the times we let our worries consume us, for the times that we have relied on our own resources and understanding for our healing and well-being rather than running to God.
- Take the time to cast your burdens unto the Lord: any discouragement, anxiety, shortcomings, or fear that get in the way of our relationship with God.
- You likely know one or more persons undergoing emotional stress or mental health challenges. Pray for each of them by name, for the Lord's supernatural healing upon them – as well as for salvation if they do not yet know Jesus as Lord and Savior.

Physical Healing:

- As we pray for healing – whether for ourselves or others – let us trust that God heals in His time and in His way. Instead of demanding or dictating how the Lord should heal us or our loved ones, let us remember to pray with child-like faith—believing that God is the same Healer yesterday, today, and forevermore.
- Ask the Lord for a personal breakthrough in your health and well-being—pray for a heart that seeks God's Kingdom above all; let the Holy Spirit guide your lifestyle so that you would faithfully do your part to take care of your body which is His temple.
- Pray for good health from the Lord as we do our part in eating properly, sleeping adequately, exercising regularly, and practicing soul care daily (spiritual disciplines, meditation, silence & solitude before the Lord, and more).

Relational Healing:

- Pray for our relationships that we will love the unlovable and be Christ-like to those who mistreat us or think ill of us.
- Ask God for a humble heart to acknowledge the times that we have been the enemy (antagonistic, insulting, abrasive, etc.) to someone and to always seek an opportunity to make amends and restore the relationship

- Pray in faith for God to grant us victory in such areas as:
 - Relational conflict in the family, at work/school, among friends, or Dgroup/churchmates
 - Unforgiveness
 - Bitterness over past hurts
 - Desire for vengeance
 - Pride, defensiveness, rationalizing sin
 - Being abusive or hurtful towards others
 - Attacks of the enemy, demonic influence
- Ask the Lord for a relational breakthrough in seeking God's forgiveness, reconciliation, and restoration over that conflict or hurt; let the Holy Spirit provide a spiritual revival for you, with renewed strength and zeal to follow Him faithfully.

Godly Legacy:

- To live our lives for the glory of God and to leave a godly legacy for future generations.
- Make disciples who will make disciples in our spheres of influence, especially in our families.
- For the Lord to enable us to be who He wants us to be and to do what He wants us to do.
- To hear from Jesus when we enter heaven: “Well done, good and faithful slave. You were faithful with a few things, I will put you in charge of many things; enter the joy of your master.’ (Matthew 25:21)

(Notes from the Evening Watch message)

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LORD'S SUPPER GUIDE

for online participants:



PREPARE BREAD
AND JUICE

READ: **1 CORINTHIANS 11:23-29**

WHY ARE WE CELEBRATING THE LORD'S SUPPER?

- It is a symbolic meal instituted by our Lord Jesus as a reminder of what He has done for us. We are to celebrate it often and remember Jesus by "proclaiming His death until He comes" (v.26)
- Before Jesus broke the bread and passed the cup, He gave thanks (v.24) for the opportunity to serve us by giving His body and blood for our sakes!

WHAT DOES THE BREAD AND THE WINE (IN OUR CASE, THE JUICE) SYMBOLIZE?

- The bread symbolizes the body of Jesus which was nailed to the Cross (v.24)
- The wine (juice) symbolizes the blood of Jesus which was shed for us in the New Covenant (v.25)
- We do not teach that the bread and juice literally become the body and blood of Jesus Christ.
- Instead, we declare that these elements are representations of our Lord - who He is and what He has done.
- To partake of these elements, therefore, is a symbolic expression of our faith in Him and His finished work.

WHY ARE WE CELEBRATING THE LORD'S SUPPER?

- We should have a thankful and grateful attitude as we look back and look forward.
- Look back and thank our Lord Jesus for:
 - His free gift of salvation and for forgiving our sins
 - His attributes (faithful, forgiving, gracious, holy, loving, unchanging)
 - who He is in our lives (Lord, Master, Savior)
 - blessings like our family (spouse, children, parents, siblings), providing for our needs, etc.
 - opportunities to serve Him and His people (family, friends, church)
- Look forward and thank Jesus for being alive today, and for the gift of relationships (biological and spiritual family)
 - how He will answer our prayers
 - how He will walk us through this year (individually, as a family, as a nation)
 - the promise that one day He will return
- Take some time to reflect

PARTAKE OF THE BREAD AND JUICE
AND CLOSE IN PRAYER

PRAYER LIST

THE NATIONS

1. That the world would realize their need for Jesus Christ and that Christ-followers would proclaim the gospel to all the nations.
2. For God's intervention in sustaining the world economy, maintaining peace and order, upholding the dignity and sanctity of life; for people to continue living in an orderly and God-fearing manner in the midst of tumultuous and uncertain times.
3. Peace for conflict-ridden, war-torn and economically-devastated countries.
4. For CCF Beyond and our International Ministry Partners to be sustained and protected amidst persecution and to continue spreading the Gospel and make disciples for Christ.

THE PHILIPPINES

1. Pray that we may all learn to love God and one another as Christ has loved us. May every Filipino know Jesus and be known for their love for Him.
2. Pray for our incumbent leaders - that they may seek the Lord and do His will over issues that continually encroach upon our nation.
3. Pray for leaders to uphold Biblical values and exemplify godly character, competence, justice, accountability, and family — for them to serve with integrity, wisdom, faithfulness, protection, and guidance:
 - The President, Vice President, cabinet members and advisers
 - The Senators and Congressmen
 - The Chief Justice and all justices
 - The Military and Police force
 - The local government and barangay officials
4. For corrupt officials to be exposed and brought to justice; systemic change in our country's government and for righteousness, justice, peace, and economic prosperity to be upheld.
5. For major national issues (economic sustainability, drugs, graft and corruption, forced labor and human trafficking, family fragmentation and absentee parents, moral decline, idolatry, materialism, ungodly values, pornography, sexual promiscuity, LGBTQIA+ agenda, the rise of HIV, teenage pregnancies, gender confusion, screen addiction, traffic problem, and for bills and laws that are being proposed/that have passed which are clearly against God's Word and will).
6. For more Filipinos from all walks of life to be saved and for them to develop a genuine reverential fear of the Lord.

THE CHURCH

1. For CCF leaders and members to be characterized by love for God and others, purity and holiness, humility and brokenness, integrity
2. Faithfulness to fulfill God's mission for CCF (to honor God and to make Christ-committed followers who will make Christ-committed followers).
3. Pastor Peter Tan-Chi and his family (holiness, intimacy with the Lord, wisdom, and power to lead the CCF movement; to be Spirit-filled at all times).

PRAYER LIST

4. CCF elders, pastors, ministry servant leaders, church planters, Dgroup leaders, missionaries, campus workers, staff members, and volunteers to be passionate in serving God; for holiness, good health and protection, spiritual growth and intimacy with the Lord, to be controlled and empowered by the Holy Spirit, to be people of moral excellence and integrity. Pray for each person by name by visiting this link: ccf.org.ph/meet-the-team/
5. For CCF to be effective in evangelizing and making disciples, that each CCF member will take part in the movement by reaching out to their families and relatives, and personal networks with the gospel
6. That CCF members will be devoted to prayer and continuously filled by the Holy Spirit
7. For Elevate to reach the younger generation through its ministries in high schools, colleges, and universities across the nation

FAMILY

1. For a Christ-centered family
2. Husbands to love their wives and be the spiritual leaders of their homes
3. Wives to respect and submit to their husbands
4. Fathers and mothers to be models of Christ-like behavior to their children
5. For parents to be intentional in disciplining their children
6. For children to obey, honor, and respect their parents
7. For forgiveness and restoration of relationships - that families will live harmoniously with love and respect, serving God and others together
8. Salvation of household and relatives

PERSONAL BREAKTHROUGH

1. Spiritual revival – know God more intimately, live to please God and honor Him
2. Develop Christ-like character by being filled with the Holy Spirit and bearing the fruit of the Spirit (love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control)
3. Physical healing and living a balanced life (keep increasing in wisdom, stature, in favor with God and men)
4. Breakthrough over sins and bad habits
5. Let the Holy Spirit guide you where He wants you to serve, with renewed strength and zeal to volunteer in God's work

FINANCES

1. Freedom from debt
2. Good stewardship of God's resources
3. Give generously
4. Business, professional, and career growth

OTHER PERSONAL ITEMS

(pray for your other personal petitions)

HOW DID GOD ANSWER YOUR PRAYER?

**SHARE YOUR STORY AND POINT
PEOPLE TO CHRIST.**

tag us online



e-mail us

questions@ccf.org.ph
testimonies@ccf.org.ph

write to us

**write your answered prayers on a tithe
envelope and drop it in the tithe box**



CHRIST'S COMMISSION FELLOWSHIP



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